

EXTERNAL MEDICAL ORGANIZATIONS MEMBER BENEFITS

Designed by
uOttawa Aesculapian Society

Starting medical school involves starting membership with a variety of organizations. While each of these organizations offer a unique variety of benefits, it's very easy to miss out simply due to the flood of information you receive when starting school! This guide simplifies the process of harnessing your membership benefits by providing a consolidated listing of benefits offered by medical organizations, including Scholarships, Awards, Grants, Bursaries, Resources, and Discounts. Please note that this guide is not exhaustive and further details can be found on the individual organization websites. Additionally, we did not include any programs or services offered by these organizations as they are numerous and would be most fruitfully understood through your independent exploration.

ORGANIZATIONS

	Physician Organizations	Student Organizations
Provincial	<p>Ontario Medical Association (OMA) "The Ontario Medical Association is a membership organization that represents the political, clinical and economic interests of Ontario physicians."</p>	<p>Ontario Medical Student Association (OMSA) "OMSA is a community that includes every medical student in Ontario and brings together the essence of our medical school experience with our diverse student population. OMSA is also the dedicated student voice to the Ontario Medical Association (OMA). The organization represents the views and concerns of Ontario medical students on a number of issues."</p>
National	<p>Canadian Medical Association (CMA) "The CMA is a national, voluntary association of physicians that advocates on behalf of its members and the public for access to high-quality health care."</p>	<p>Canadian Federation of Medical Students (CFMS) "CFMS is an organization representing over 8,000 medical students from 14 Canadian medical student societies from coast to coast. We represent medical students to the public, to the federal government, and to national and international medical organizations."</p>

* CMA owns two companies, including

MD Financial Management. "MD Financial Management serves CMA members and their families. MD Financial offers advice and guidance designed exclusively for Canadian physicians."

Joule. "Joule is a Canadian Medical Association (CMA) subsidiary designed to assist physicians in the pursuit of clinical excellence. Joule does this explicitly through the support of physician-led innovation, and by inspiring physician-adoption of knowledge products and innovative technologies and services."

MEMBERSHIP DETAILS

OMA Membership is \$10/year for medical students.

CMA Membership is free for medical students. You must be a member of the OMA to join the CMA.

OMSA Membership is free. You will automatically become a member of OMSA once you sign up for OMA membership.

CFMS Membership is free. You are automatically registered as an CFMS member when you start medical school.

Joule Free with a CMA membership.

MD Free with a CMA membership.

GRANTS & BURSARIES

OMSA **OMSA Conference Grant**
Up to \$250 to fund students presenting at approved medical conferences.

Medical Student Education Research Grant
\$5000 to support students conducting research projects in medical education.

OMSA Innovator Grant
Up to \$1500 to support creative new student initiatives.

OMSA Event Sponsorship Grant
To support an event that benefits medical students and/or your community. Amount of funding is variable.

Ontario Medical Student Bursary Fund Named Bursaries
\$2,000 bursaries established by an individual or group to commemorate a physician's achievements, in memory of a colleague or relative, to support a student pursuing a specific specialty, or from a certain area of the province. (Offered in collaboration with OMA.)

CFMS **CFMS Student Initiative Grant**
Up to \$3000 to support medical student initiatives.

Joule **Joule Innovation Grant**
Funding for innovative programs and initiatives.

SCHOLARSHIPS AND AWARDS

MD

MD Leadership Award

In recognition of their achievements, one student from each of the 15 member schools of the CFMS will receive a Medical Student Leadership Award consisting of a \$2000 cash prize and subsidized travel to the CFMS Spring General Meeting.

MD Travel Award

Financial assistance for CFMS member medical students to attend a CFMS General Meeting.

RESOURCES

CMA

CMAJ

Canada's clinical research journal.

CFMS

Match Book

Published annual review of the CaRMS match to help educate medical students about the Match and assist with career planning.

Couples Match Application

The CaRMS Couple Match App is a tool to assist learners participating in the Couples Matching process to develop their rank order

CFMS Annual Review

Publication which includes summaries of executive members' projects as well as contributions of stories, poetry, art, and photography from CFMS membership.

Elective Database

A platform to help students be better informed about elective placements by providing constructive comments from other students across Canada describing their own experience at the elective site.

MatchStats

MatchStats is a resource created by the University of Toronto Medical Society with support from the CFMS meant to aid medical students in interpreting the electives and match statistics.

Student Run Clinics Toolkit

A toolkit created by OMSA and CFMS for students wishing to develop student led clinics at their schools.

Advocacy Toolkit

A compilation of research and direct experiences of medical students interested in health advocacy outlining the actions involved in translating advocacy goals into reality.

Joule

ClinicalKey

Clinical knowledge solution designed to help you find the right answers at the right time, every time, through a wide breadth and depth of trusted content. Access the latest evidence across 30+ specialties in a variety of formats.

CPS Online & RxTx Mobile App

Quick access to product monographs of drugs, vaccines, and natural health products.

DynaMed Plus

DynaMed is a current, evidence-based, point-of-care reference tool designed to provide quick answers to clinical questions.

OMA

Scrub-In & Ontario Medical Review

Ontario medical student and physician journals, respectively.

OMSA

Health & Human Resources Guide

Outline of the job market for future physicians in Ontario, divided up by specialty.

DISCOUNTS

CMA

Member Benefits & Discounts

Discounts on a number of items and services including cellular, fitness, travel and more.

OMA

Insurance

With the OMA Student Special Offer, life coverage is complementary and your disability premium is discounted until your second year of practice. Also take advantage of preferred rates on Home and Auto Insurance.

OMA Advantages Program

Discounts on a number of items and services including apparel, automotive, communications, entertainment, financial services, moving & relocation, offices services, and travel & leisure.

CFMS

Member Discounts

Discounts on a number of items and services, including travel & accommodations, disability insurance, textbooks & study resources, UpToDate®, and Lasik MD Vision correction.